## West Boylston Council on Aging Meeting Minutes 5/7/2009

**Call to Order:** Meeting was called to order my Chair Joanne Vaudreuil at 6:00 PM. Marcia introduced new member Chuck Hudson. Janice Ash has also recently been appointed.

Attendance: Absent: Janice Ash, Associate members Maureen Osthues & Donna LaCerte-Blais.

Secretary's Report: Motion was made and seconded to accept the minutes as read. Vote unanimous.

## **Director's Report:**

April Statistics as follows: Volunteer Hours; 339.75 Instructional attendees: 195

Transportation: Number of trips for the month; 380

Meals for the month: 838 Family Assistance: 8 Health Screenings: 5

SHINE: 2

Social event attendees: 168

Total Seniors served for the month: 727 Units of Service for the month: 1746

Marcia reports April numbers up slightly! Marcia discussed budget info for upcoming Town Meeting; COA budget had been cut 10%, her only concern is the possibility of a shortage for the telephone bill. Also concerned, that in July funding runs out on the 20 hour a week position for a clerk that Jane fills.

Marcia discussed letter from Charter, stating only low income Seniors will be given a discount, and that discount will be on the basic service only. During discussion, it was brought out, Charter may not have the right to ask for personal information concerning finances from a senior. Marcia will bring this to the Town Administrator's attention.

Marcia reported the continuation of the walking program on Wed. mornings, which she leads. Other upcoming programs include: Osteoporosis on 6/2, Foxwood's trip on 6/8, Diabetic Support Group on 6/9 & 6/22 (on the 22<sup>nd</sup> there will be a nutritionist speaking at the meeting), Senior aging issues on 6/16, Stroke Program on 6/30, and an Ice Cream Social on 6/26. Marcia also reported she is scheduling a planning meeting on 6/15, and asking for people to join a planning comm.. to assist her with program planning at the center.

**New Business:** Marcia introduced Cathy Nickerson, who has started a group called Going for the Gold. Marcia requests they plan ahead, since all meeting must be advertised in the newsletter, since they are to be helped here at the Senior Center, and part of the Senior Center programming. Ed Philbin explained the law in regards to the use of a Municipal Building and posting meetings. Cathy stated she would let Marcia know about future meeting in time for the newsletter.

It was suggested that the deadline for the next newsletter be added to the newsletter, perhaps under the Director's column. Marcia will try to find room to add this.

Meeting was Adjourned at 7:50PM